

Martha's Vineyard Diet Detox, 21 Pounds in 21 Days - Official Website

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Boston Herald - Inside Track June 14th

Thursday, June 14th 2007

That Howard Stern's sidekick Robin Quivers has lost 16 pounds in 12 days on the Martha's Vineyard Detox Diet. Robin has moved Vineyard authors James Hester and Roni DeLuz into her summer home in New York so they can do a daily detox on the air for Stern's Sirius Satellite Radio show. Hester, who co-authored "21 Pounds in 21 Days" with DeLuz, reports that Quivers is receiving colonics from Yoko Ono's ex-personal assistant Philomena. Talk about detoxing!

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